

# GUIDE TO BECOME AN OCEAN FRIENDLY BUSINESS



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FRIENDLY  
BUSINESS

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# ENTRY REQUIREMENTS



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1.

## SANITARY PERMIT

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Submit the sanitary operating permit granted by the Ministry of Health and keep it up to date.

2.

## REGISTRATION FORM

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Complete the registration form with the basic business data such as schedule, number of employees, etc.

3.

## SIGN AN AGREEMENT

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Sign the commitment and confidentiality agreement with NPWK. The business is committed to meeting the requirements to be part of the project and NPWK is committed to maintaining the confidentiality of the information provided.





# REQUIREMENTS TO OBTAIN THE CERTIFICATION IN THE CATEGORY:



## 1.

### DRINKING WATER

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Having a connection to the aqueduct administered by the state entity AyA assures us that we are receiving potable water and that the water comes from a legally registered source, avoiding excessive exploitation of water resources. In addition, this will help discourage the purchase of water in plastic bottles.

## 2.

### SINGLE USE PLASTICS

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Plastic has become one of the most used products daily. Its massive consumption exceeds the ability to manage them properly, so they end up polluting soils, rivers and seas, and generate serious impact on human health and ecosystems. Therefore, the best alternative is to stop your consumption completely.

## 3.

### SOLID WASTE

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In order to prevent pollution and conserve the environment that surrounds us, we must manage all solid waste appropriately; both the non-recoverables (garbage) collected and transported to the landfill by the Municipality of Cobano, as well as the recyclables collected by NPWK and taken to the Recycling Center ran together with BIONIC. Organic waste must be composted.

## 4.

### WASTEWATER

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Wastewater polluting the ocean is one of the main issues the Southern Peninsula faces. Appropriate wastewater treatment in line with national legislation prevents water pollution in this highly vulnerable coastal area. Locals and tourists want clean water to drink, swim and surf in happily.

## 5.

### SENSIBILIZATION

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It is very important to share the message, more and more people need to understand the importance of sustainable lifestyle choices, adopt them and show their clients their commitment to be Friends of the Ocean.



# DRINKING WATER



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PARAMETER	VERIFICATION METHOD	PROHIBITIONS	SUPPLIERS
Have potable water.	<p>Payment receipt of the aqueduct service.</p> <p>* If you have your own source of supply, you should show concession of the source and quality analysis according to the Regulation for the Quality of Drinking Water, Executive Decree No. 38924-S.</p>	It is prohibited to use water sources without being registered and without quality control.	<p>Instituto Costarricense de Acueductos y Alcantarillados (AyA).</p> <p>Office AyA Cóbano: 2642-0190</p>



# SINGLE USE PLASTICS



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PARAMETER	VERIFICATION METHOD	ALTERNATIVES	SUPPLIERS
Do not sell water in plastic bottles.	Visual inspection.	<p>You can:</p> <p>Offer drinking water from the aqueduct.</p> <p>Offer filtered water.</p> <p>Buy reusable bottle dispensers.</p> <p>Sell reusable and / or glass bottles.</p>	<p>Exportadora PMT 2249-5555 servicioalcliente@pmtcr.com</p> <p>AQUA RICA 6004-2829 info@naturalmineralwaterscr.com</p> <p>Rainforest water 8000-8142 8452-8297</p>



# SINGLE USE PLASTICS



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## PARAMETER

## VERIFICATION METHOD

Do not offer  
plastic straws  
or plastic  
coffee  
removers.

Visual  
inspection.

## PROHIBITIONS / ALTERNATIVES

## SUPPLIERS

Conventional  
plastic substitutes  
as bioplastics are  
NOT allowed.

Paper or bamboo  
straws may be  
offered and only at  
the customer's  
request.

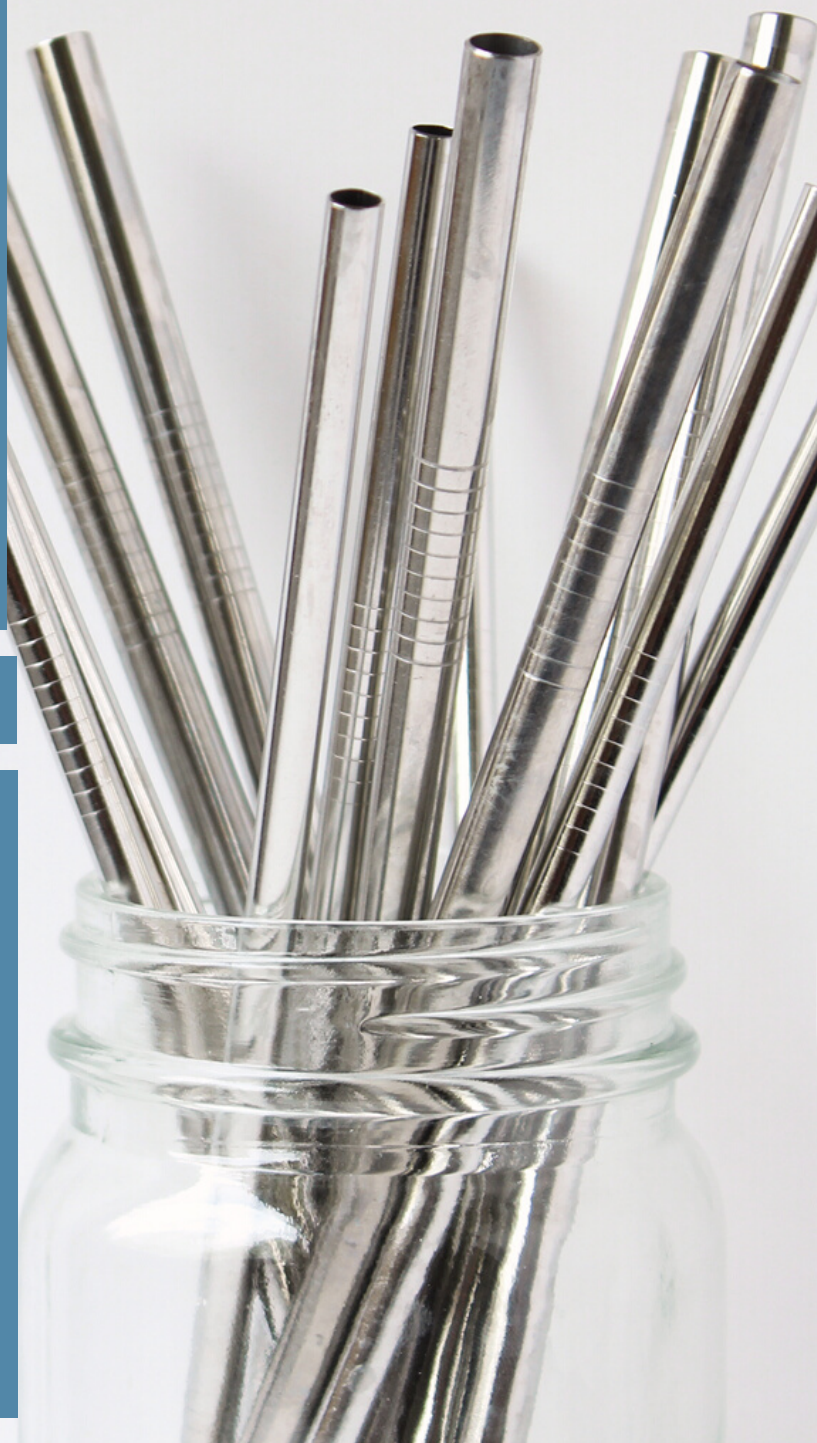
Reusable metal  
straws can be used.

Mayca:  
EMANUEL  
ESPINOZA  
6043-3146  
2209 0505

Empaques Belén:  
2438-5119  
ventas@empaques  
belen.com

ST Distribuidora  
schaves@it-  
intercontainer.com

\*These companies  
are recommended  
for other products  
too.





# SINGLE USE PLASTICS



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PARAMETER	VERIFICATION METHOD	PROHIBITIONS / ALTERNATIVES	SUPPLIERS
Do not offer plastic bags of any type or size.	Visual inspection.	<p>Oxobiodegradable bags are NOT allowed.</p> <p>Its use is only allowed for the disposal of other waste.</p> <p>Only paper or cardboard bags may be offered.</p>	<p>Mayca:</p> <p>Emmanuel Espinoza</p> <p>6043-3146 2209 0505</p>



# SINGLE USE PLASTICS



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PARAMETER	VERIFICATION METHOD	SUPPLIERS
Do not use any of these plastic items: cutlery wraps, plates, cups, or take-away containers.	Visual: Check materials and bills if necessary.	SALMAPACK 7235-5432 ventas2@salmapa ck.com



## PROHIBITIONS/ ALTERNATIVES

- Conventional plastic substitutes called bioplastics, or options that contain some percentage of plastic, are NOT allowed.
- Substitutes allowed: compostable materials such as bagasse, paper, cardboard or wood.
- The use of returnable containers that are reusable is suggested, both from the restaurant itself and from customers.
- Cutlery wraps may be paper bags, paper napkins, or reusable cloth napkins.



# SINGLE USE PLASTICS



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# SOLID WASTE



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PARAMETER	REQUIREMENTS	CONTACT
Generate a comprehensive Solid Waste Management Plan.	Plan that demonstrates how solid waste is handled in the business according to the format approved by the Municipality of Cobano. The plan includes identifying the types, quantities, the way in which each waste is managed and the commitments for reduction.	Environmental Manager at Cobano's Municipality Ing. Alberto Vasquez  municobano.g estorambiental @gmail.com



# SOLID WASTE



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## PARAMETER

Properly dispose of non-recoverable solid waste (garbage).

## PROHIBITIONS

Do not place the waste directly on the ground.

Do not use transparent bags.

## SUPPLIERS

### TRASH BINS:

Reciglobal:  
info@reciglobal.com  
2450-1338

Qrubber:cotizaciones@eco  
vial.net  
2260-0517

Germantec  
CRinfo@germantec-cr.com  
2220-0303

## VERIFICATION METHOD

The business must have an appropriate temporary storage container for public collection of waste.

Container characteristics: it must be closed, either fixed or mobile, which avoids direct contact with water, soil and the entry of animals, have a roof, without presence of standing water, sheltered and free of scattered waste.



# SOLID WASTE



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## PARAMETER

Recycle valuable waste (recyclable).

## PROHIBITIONS

Place recyclables in transparent bags so that it is clear at sight that they contain recyclables and not garbage. Refrain from using non see-through bags.

## SUPPLIERS

Recycling Center  
Waterkeeper-Bionic

ARIADNA SÁNCHEZ  
ariadnawaterkeeper  
@gmail.com  
8330-2970 / 2640-0871

## VERIFICATION METHOD



Site suitable for temporary storage

Deliver the following materials to an authorized agent:

- Plastics type 1 (PET), 2 (HDPE), 5 (PP)
  - Tetra brik
  - Glass
- Aluminum cans (soda type) and tin cans (food type)
- All materials should be clean and dry and in transparent or semi-transparent bags.
- Place recyclable bags out only on collection days.



# SOLID WASTE



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## PARAMETER

Properly dispose of organic waste.

## PROHIBITIONS

Refrain from disposing of organic waste with regular waste.

## SUPPLIERS

Composting:

Nahuel Bendersky  
Casa Pampa Liceo Rural de  
Santa Teresa.  
8576-0231  
TERRAKURA  
7034-9532

COLLECTION:  
FINCA LA PALMITA 8390-2980

FINCA MALPAÍS 8778-3432

## VERIFICATION METHOD

-Separate organic waste and dispose of it in one of the following ways:

-On-site composting.

-Transfer waste to an external composting project or a farm where it is used to feed animals.

\* It is expected that all raw fruit and vegetable waste will be collected, as well as cooked food waste.

\*\* The disposal of meat waste will depend on the characteristics of the selected composting system.

# WASTEWATER: BIODEGRADABLE CLEANING PRODUCTS



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PARAMETER	METHOD OF VERIFICATION	SUPPLIERS
Use of biodegradable cleaning products.	Use biodegradable soap for hand washing, dishwashing. Any other cleaning product that reaches water must be biodegradable.	<p>BLUETECH ALDO LÓPEZ 2235-6844, 8470-6949, 8813-9407</p> <p>SERQUIN 2655-2533 SERVICIO@SERQUIN.COM</p>

## PROHIBITIONS

It is prohibited to use products that contain non-biodegradable ingredients present in the following list:

1. Dioxane 2. Butoxiethanol
3. Alkylphenoles ethoxylade 4. Ammonia
5. Bisphenol A 6. Formaldehyde
7. Hydroquinone 8. Lead
9. Monoethanolamine 10. Phthalates
11. Sodium laureth sulphate 12. Toluene
13. Chlorine

Source: Program "Bandera Azul Ecológica" 2019.



# WASTEWATER: RECOVERY OF USED OILS



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## PARAMETER

Recover used cooking oils separately.

## METHOD OF VERIFICATION

They must be retrieved and delivered to an authorized manager with receipts.

## PROHIBITIONS

It is forbidden to deposit oils and fats directly into sinks.

Refrain from placing used oil containers on the street, collection must be done directly in the business.

## SUPPLIERS

Aceites de Palmares  
2453-2527  
4030-8397

Energías Biodegradables  
2537-4510  
2537-4576  
info@energiasbiodegradables.com



# WASTEWATER : GREASE TRAPS



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## PARAMETER

Pretreatment of wastewater:

Have appropriate grease traps.

## PROHIBITIONS

It is prohibited to dispose of waste from the grease trap in the trash without prior treatment.

## SUPPLIERS

Companies selling grease traps and solid separators:

JAMUVI Javier Muñoz:  
2296-0649  
8918-2453  
jamuvi@jamuvi.net

Durman:  
2436-4700  
costarica@alixaxis-la.com

Limpieza de trampas: Mohs  
Marine Services 8363-7171



## VERIFICATION METHOD

The store must have one or several grease traps that work properly and receive constant maintenance and are directed to the septic tank or treatment system.

\* In businesses where the necessary conditions for constant maintenance are not met, they must install solid and prefabricated grease traps in the sinks.

\*\* Solids and grease extracted from periodic maintenance should be dried as much as possible and disposed with organic waste.

\*\*\* When cleaning the traps with an authorized manager, proof of disposition must be given.

# WASTEWATER



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PARAMETER	VERIFICATION METHOD	PROHIBITIONS	SUPPLIERS
Proper disposal of all “gray” (kitchen, sink) and “black” wastewater to the septic tank and drainage, or treatment system.	Visual inspection of the treatment system and final water disposal.	It is prohibited to direct discharge pipes to any body of water or to the ground.	<p>Wastewater treatment systems</p> <p>TEBAG 8851-1200 Lothal Spoerls@tebag.cr</p> <p>Tanque Diez. 2263-0097 Infotec@tanquediez.com</p> <p>Fibromuebles: 2288-6338 info@fibromuebles.com</p>

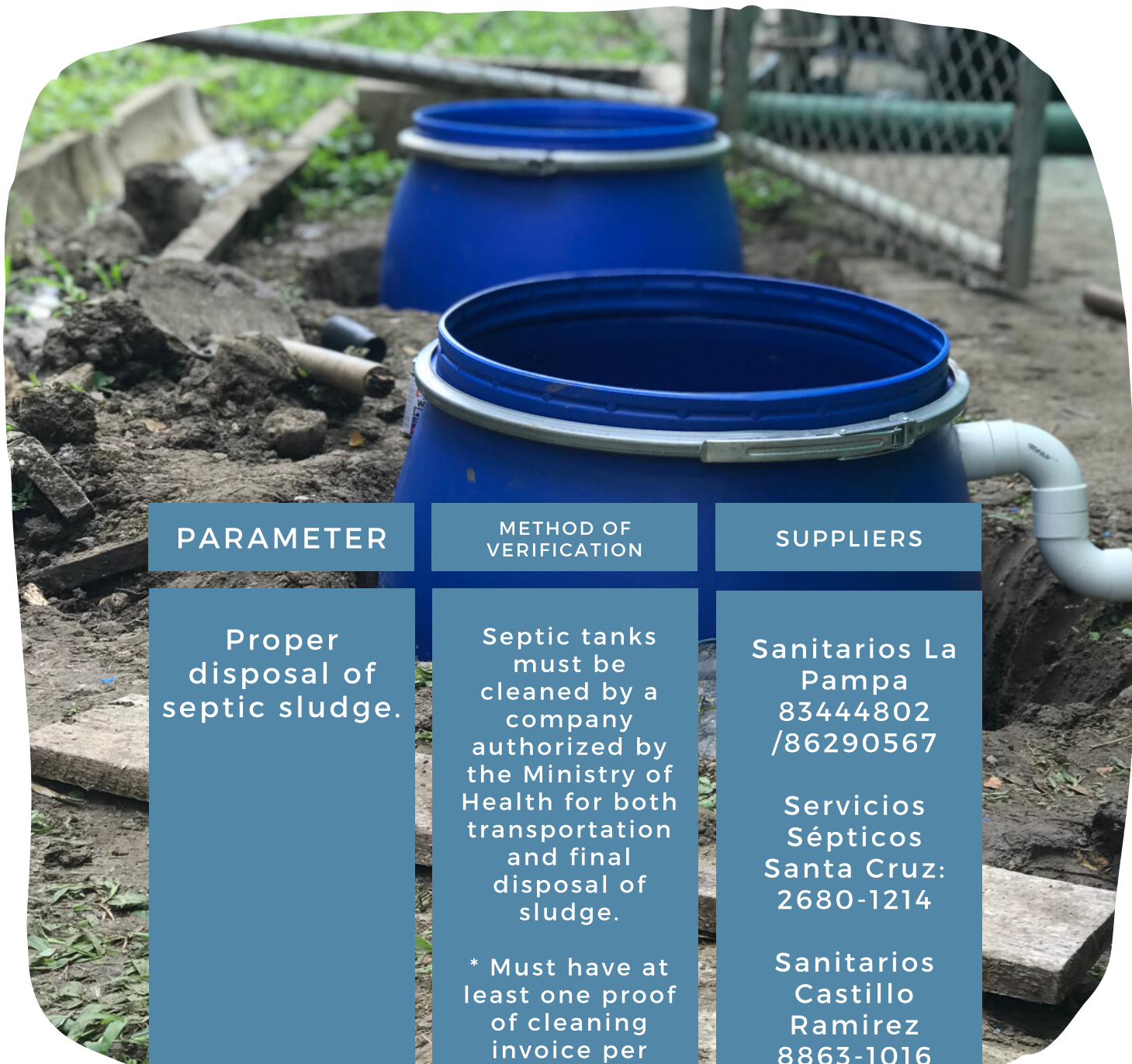




# WASTEWATER



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PARAMETER	METHOD OF VERIFICATION	SUPPLIERS
Proper disposal of septic sludge.	<p>Septic tanks must be cleaned by a company authorized by the Ministry of Health for both transportation and final disposal of sludge.</p> <p>* Must have at least one proof of cleaning invoice per year.</p>	<p>Sanitarios La Pampa 83444802 /86290567</p> <p>Servicios Sépticos Santa Cruz: 2680-1214</p> <p>Sanitarios Castillo Ramirez 8863-1016</p> <p>Sanihogar Abangares 8365-0796</p>

# SENSIBILIZATION



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## PARAMETER

Ocean Friendly  
Business  
Trainings.

## VERIFICATION METHOD

Business staff must participate in 2 training sessions of 2 hours each on wastewater management and solid waste management.

\*At least 2 people per business must participate



# SENSIBILIZATION



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## PARAMETER

Dissemination  
of awareness  
messages to  
customers.

## VERIFICATION METHOD

The following will be  
taken into account:

- Placement of  
informational /  
educational messages  
inside the business.
- Social media posts.
- Participation in  
community initiatives  
such as environmental  
fairs or beach clean-  
ups.



## GUIDE TO BECOME AN OCEAN FRIENDLY BUSINESS

NICOYA PENINSULA WATERKEEPER is a Costa Rican non-profit organization whose mission is to monitor, protect and restore water quality in the coastal watersheds and marine ecosystem between the Absolute Natural Reserve of Cabo Blanco and the Caletas-Ario National Wildlife Refuge through research, field work, education and law enforcement.

**Disclaimer:** The contacts included in this guide correspond to companies that provide the services or products required and are stated as a way of facilitating the businesses' certification process efforts. NPWK does not have agreements with them, does not represent them, nor does it obtain any type of remuneration in exchange for recommending them, therefore, we do not intermediate acquisition thereof.

Thanks:

Funding: National Geographic Society

Guide content: Ing. Kenneth Alfaro Alvarado

Guide design: Mariana Cassini

2020

